

# OUTPATIENT COUNSELING PROVIDERS

## Alfred:

### **Alfred Counseling Associates:**

(Sam Cali, Rob Jeffers, Rachel Garner,  
Tina Wilson, Joelle VanEtten, Tara Calhoun)

(607) 587-8390

591 State Route 244

Alfred Station, NY 14803

(Works with most insurance providers)

### **Alfred University Child & Family Services Center (FSC):**

(607) 871-2229

6 Sayles Street

Alfred, NY 14802

(Accepts: Medicaid & Child Health Plus)

(Does offer sliding scale fee)

## Andover:

### **Jillian Forman, LMHC, NCC, PLLC**

(607) 258-9264

2 S. Main Street Suite 3

Andover, NY 14806

(Accepts: Cigna/Evernorth, Empathia, Fidelis, Optum,  
UnitedHealthcare UHC, and Private Pay)

# OUTPATIENT COUNSELING PROVIDERS

## Cuba:

### **Allegany Council on Alcoholism & Substance Abuse (ACASA):**

(585) 968-1482

40 West Main Street

Cuba, NY 14727

(outpatient substance abuse treatment; accepts insurance;  
works with all ages)

### **Universal Primary Care: Behavioral Health Program:**

(716) 375-7500

132 West Main Street

Cuba, NY 14727

### **Stacey Farris, LMHC**

(585) 382-1712

Cuba, NY 14727

(Accepts: Aetna, BCBS of Mass, Cigna/Evernorth, Highmark  
BCBS, Oscar Health, Oxford UnitedHealthcare)

### **Dawn Kelley-Cowher, LMHC**

(585) 536-1976

21 East Main Street, Suite 105

Cuba, NY 14727

# OUTPATIENT COUNSELING PROVIDERS

## Cuba:

**Jeanine Rose, LMHC**

(585) 534-3580

Cuba, NY 14727

(Accepts: Aetna)

**Tina Wilson, LMHC**

(716) 968-2004

17 South Street

Cuba, NY 14727

## Fillmore:

**Rebecca Rowley, LCSW**

(585) 207-3784

20 East Main Street

Fillmore, NY 14735

## Hornell:

**Mariann Fontaine, LMHC**

(607) 523-3855

14 Broadway Mall

Hornell, NY 14843

(Accepts: Aetna, Cigna/Evernorth, Excellus BCBS, Oscar Health, Oxford UnitedHealthcare UHC, and Private Pay)

# OUTPATIENT COUNSELING PROVIDERS

## Olean:

**Paragon Behavioral Health**

**716-790-8202**

**2676 West State Street**

**Olean, NY 14760**

**<https://www.paragonbhs.com/>**

## Providers:

**Dr. Breanne Cox, PsyD**

Licensed Psychiatrist

(717) 276-4833

(Accepts: Aetna, BCBS, Capital BC, Highmark, and Quest Behavioral Health)

**Hallie Green, LMHC**

(585) 378-1250

(Accepts: BCBS, Capital Blue Cross, Highmark BCBS of WNY)

**Linda Manross, LMHC**

(585) 580-2130

(Accepts: BCBS & Highmark BCBS of WNY)

**Kristen Shaffer, LMHC**

(585) 378-4648

(Accepts: Highmark BCBS of WNY and Private Pay)

**Sarah VanSkiver, LMHC**

(585) 566-1911

(Accepts: BCBS, Highmark BCBS of WNY, and Private Pay)

# OUTPATIENT COUNSELING PROVIDERS

## Olean:

### **Cattaraugus County Counseling Center**

(716) 373-8040

1 Leo Moss Drive

Olean, NY 14760

(Accepts most insurances)

### **Miriam Center for Hope & Healing**

**112 S. Clinton Street**

**Olean, NY 14760**

**<https://miriamcenterforhope.com/>**

## Providers:

### **Heather Greenwalt, LCSW**

(585) 376-7465

(Accepts: Aetna, Cigna, Oxford, UnitedHealthcare, BCBS, Highmark BCBS, Independent Health and Private Pay)

### **Patrina VanSickle, LCSW**

(716) 202-9333

(Accepts: Highmark BCBS, Independent Health and Private Pay)

### **Mary Plonka, LCSW**

(716) 373-6735

### **Christine Brown, LCSW**

(585) 376-0224

(Private Pay Only)

**Amy Snyder, LCSW**

(716) 352-7947

(Accepts: Cigna, UnitedHealthcare, Oxford, Oscar Health, and Aetna)

**Amy Lanphere, LMHC**

(716) 988-0988

(Accepts: Highmark BCBS and Fidelis)

**Linda Baker, LCSW**

(716) 378-1056

Accepts: BCBS, Univera, Independent Health, Fidelis, and Medicare)

# OUTPATIENT COUNSELING PROVIDERS

## Perry:

**Dr. Melissa Dudley, PhD**

Licensed Psychologist

(585) 714-3072

(Accepts: Highmark BCBS, Excellus BCBS, Independent Health, and Univera Healthcare)

<https://drmelissadudley.com/>

## Scio:

**Inceptum Mental Health Counseling**

**4402 River Street**

**Scio, NY**

<https://www.inceptumcounseling.com/>

## Providers:

**Deb Miller, LMHC**

(585) 596-1037

(Accepts: United Healthcare, Highmark BCBS of WNY, Empire BCBS, Beacon Health/Carelon, and Optum)

**Stacy Schmidt, LMHC**

(585) 466-0268

(Private Pay)

# OUTPATIENT COUNSELING PROVIDERS

## Wellsville:

### **Allegany Council on Alcoholism & Substance Abuse (ACASA)**

(585) 593-6738

2956 Airway Road

Wellsville, NY 14895

(Outpatient substance abuse treatment; accepts insurance;  
works with all ages)

### **Clarity Wellness Community**

(585) 593-6300

4220 Bolivar Road

Wellsville, NY 14895

### **Belinda Emerson, LCSW**

(585) 522-1261

21 E State Street, Suite 5

Wellsville, NY 14895

(Accepts: Aetna, Independent Health, Optum,  
UnitedHealthcare UHC, and Univera)

### **Dr. Lynn O'Connell, PsyD**

Licensed Psychologist

(585) 376-2529

118 N Main Street

Wellsville, NY 14895

# OUTPATIENT COUNSELING PROVIDERS

## Wellsville:

Wellsville Wellness Psychological Services

118 N Main Street

Wellsville, NY 14895

<https://www.wellsvillewellness.com/>

## Providers:

**Dr. Andrea Burch, PsyD**

Licensed Psychologist

(585) 466-4711

(Accepts: Univera Healthcare, Fidelis Care, Excellus BCBS, United Healthcare, Carelon Behavioral Health, Highmark WNY, Independent Health)

**Dr. Liz Shea, PsyD**

Licensed Psychologist

(Accepts: Univera Healthcare, Fidelis Care, Excellus BCBS, United Healthcare, Carelon Behavioral Health, Highmark WNY, Independent Health)

# OUTPATIENT COUNSELING PROVIDERS

## Virtual ONLY:

**Laura DeMarco, PhD**

(607) 382-7008

PO Box 528

Andover, NY 14806

ldema@frontiernet.net

## **Jeffrey Brown, LCSW**

Email is the best form of contact. You can email him via a link on his Psychology Today page:

<https://www.psychologytoday.com/us/therapists/jeffrey-m-brown-dansville-ny/449501>

(Accepts: Aetna, BCBS, Cigna/Evernorth, Emblem Health, MVP Health Care, Oscar Health, Oxford, and United Healthcare UHC)

## **Clark Counseling Services**

(585) 536-1632

(Accepts: Aetna, Anthem/Elevance, BCBS of Massachusetts, BCBS, Cigna, Evernorth, Highmark BCBS of WNY, Independent Health, Medicaid, Medicare, Optum, Oxford, UnitedHealthcare UHC/UBH)

## **Ruth Palmquist, LMHC**

(585) 332-5466

(Accepts: BCBS and Univera)

# OUTPATIENT COUNSELING PROVIDERS

## Virtual ONLY:

**Gabrielle Brainard**

(585) 440-9171

(Accepts: Aetna, BCBS of Massachusetts, Cigna, Evernorth, Empire BCBS, MVP Health Care, Optum, Oscar Health, Oxford, United Healthcare UHC/UBH)

**Ashlee Rudolph, LMHC**

(646) 576-7254

(Accepts: All Savers, AvMed, Cigna-Medicare, Cigna/Evernorth, EAP: Cigna, EAP: UnitedHealthcare/Optum, Golden Rule, Optum, Oscar Health, Surest (formerly Bind), UMR, United Healthcare UHC)