

Crush Practice

Batting Practice Groups				
1 (Hit)	2 (Base Running)	3 (Def)	4 (Def)	5 (Drill)
Ashby	Askren	Califano	Migl	Anglin
Bird	Hatch	Riggs	Nawaz	Priddy
Niewenhuis	Hill	Smith	Girard	Harriger
Goff	Hampton	Drechsler	Thomas	Elmhorst

Hitting Routine				
1st Round	2nd Round	3rd Round	4th Round	
Bunt Types (2 Sac, 2 Drag, 2 Safety)	5 B Hack	5 Gap to Gap	5 Damage	

Base Running				
1st Base	2nd Base	2nd Base	3rd Base	
Read Bunt Down	0 outs (advancing to 3rd)	0 or 1 out (scoring)	0 outs (contact play not on)	

Defense				
	1st Round	2nd Round	3rd Round	4th Round
IF	Prep Steps	In (look back go 1)	Regular (get 1)	DP Depth (roll 2)
OF	Prep Steps	Shallow	Regular	No Doubles

Shaggers = Anderson, Lunnon, Steed

Drills = Power Soft Toss, Overload/Underload Tee