



Schedule of Events

9:00 Coaches Meeting

9:30 Field Events:

High Jump	JH Boys- 7th Boys- JH Girls- 7th Girls
Long Jump	JH Girls- 7th Girls - JH Boys-7th Boys (3-3 with 8 to Finals)
Shot Put	7th Boys- J.H Boys-JH Girls- 7th Girls (3-3 with 8 to Finals)
Discus	7th Girls- JH Girls-JH Boys-7th Boys (3-3 with 8 to Finals)
Pole Vault	7 th /JH Girls (Same Time)-7th/JH Boys (Same Time)

10:00 Running Events:

400 Meter Relay	7th Girls-7th Boys JH Girls-JH Boys
3200 Meter Relay	7th Girls-7th Boys-JH Girls-JH Boys
100 Meter Hurdles	7th Girls (30")- JH Girls (30")
110 Meter Hurdles	7th Boys (30")- JH Boys (33")
3200 Meter Run	JH Boys- JH Girls
800 Meter Relay	7th Girls-7th Boys-JH Girls-JH Boys
800 Meter Run	7th Girls-7th Boys-JH Girls-JH Boys
100 Meter Dash	7th Girls-7th Boys-JH Girls-JH Boys

15 Minute Break

400 Meter Dash	7th Girls-7th Boys-JH Girls-JH Boys
300 Meter Hurdles	7th Girls-7th Boys-JH Girls-JH Boys (30")
200 Meter Dash	7th Girls-7th Boys-JH Girls-JH Boys
1600 Meter Run	7th Girls-7th Boys-JH Girls-JH Boys
1600 Meter Relay	7th Girls-7th Boys-JH Girls-JH Boys