## Practice Schedule 2023 @ ALEX (5-8th)

Departure time from Pioneer is 3:50pm Practice 4:30pm-5:30pm\* Arrive back at Pioneer around 6pm

Feb 17 (Fri) 7-8th grade

Feb 21 (Tues) 5-6th grade

Feb 24 (Fri) 7-8 grade

Feb 27 (Mon) 7-8th grade

Mar 2 (Thurs) 5-6 grade

Mar 27 (Mon) 5-6th grade

Mar 28 (Tues) 7-8th grade

Regional Contenders: Apr 10 (Mon) / Apr 12 (Wed-TBA) 7-8th grade

State Qualifiers: April 17 (Mon) / Apr 19 (Wed-TBA) 7-8th grade

<sup>\*</sup>Must wear short spike track shoes or tennis shoes on track and field.