

POWAY UNIFIED SCHOOL DISTRICT

Summer School Lunch Menu 2026: Grades 6-12

Every lunch needs at least 3 stars, and at least one must be a **fruit -or- vegetable**. ★★

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Select 1 or 2 fruits:				
★ Dried Cranberries	★ Fresh Fruit	★ Applesauce Cup	★ Fresh Fruit	★ Dried Cranberries
★ 100% Fruit Juice	★ 100% Fruit Juice	★ 100% Fruit Juice	★ 100% Fruit Juice	★ 100% Fruit Juice
Select 1 or 2 vegetables:				
★ Side Salad	★ Celery Sticks	★ Broccoli Florets	★ Cucumber Slices	★ Side Salad
★ Baby Carrots	★ Edamame	★ Grape Tomatoes	★ Baby Carrots	★ Jicama Sticks
Select 1 lunch entree:				
★★ Pizza (cheese* or pepperoni)	★★ Crispy Beef Tacos	★★ Bean & Cheese Burrito*	★★ Big Daddy's Stuffed Pepperoni Sandwich	★★ Cheeseburger or Black Bean Burger*
★★ Turkey & Cheese Sandwich	★★ Smucker's Peanut Butter & Jelly Uncrustable*	★★ Chicken Nuggets with Garlic Knot	★★ Grilled Cheese Sandwich*	★★ Turkey & Cheese Sandwich
Select 1 milk:				
★ Low Fat White Milk	★ Low Fat White Milk	★ Low Fat White Milk	★ Low Fat White Milk	★ Low Fat White Milk
★ Fat Free Choc. Milk	★ Fat Free Choc. Milk	★ Fat Free Choc. Milk	★ Fat Free Choc. Milk	★ Fat Free Choc. Milk

* Vegetarian entrées are marked with an asterisk and **green** font.